

Over-the-Counter (OTC) Expenses

Eligible OTC Drugs

Allergy and sinus medications

Examples: Claritin, A.R.M., Actifed, Benadryl, Chlor-Trimeton, Motrin Sinus, Sudafed, Tylenol Allergy Sinus, etc.

Contraceptives

Example: condoms

Cough and cold medications

Examples: Advil Cold & Sinus, Alka-Seltzer Plus, Breathe Right Nasal Strips for colds, Comtrex, Contac, Drixoral, Sudafed Cold, TheraFlu, Tylenol Cold, Vicks Nyquil, etc.

Diabetes care

Examples: Test strips for blood glucose, Glucometer, injection devices, lancet devices, urinalysis test strips, etc.

Digestion

Examples: Antacid liquid and tablets (Maalox, Mylanta, Pepto-Bismol, Prilosec), anti-diarrheal medication (Imodium, Kaopectate), laxatives (Correctol, Dulcolax, Milk of Magnesia), antigas tablets (Gas-X, Maalox Max, Mylanta Gas), hemorrhoidal suppositories and cream (Anusol, Preparation H), lactose intolerance (Lactaid), motion sickness (Dramamine, Bonine), etc.

First Aid

Examples: Bandages, tape, gauze pads, antibiotic ointments (Neosporin, Polysporin), antiseptic (Bactine, Curad alcohol swabs,) itch and rash (Aveeno anti-itch lotion, Benadryl, Cortaid), lice treatment (Rid, Nix)

Pain & Fever

Examples: Arthritis caplets (Aleve, Tylenol Arthritis Pain), aspirin (Bayer, Excedrin) non-aspirin pain relief (Advil, Ibuprofen, Tylenol), canker and cold sore relief, menstrual relief (Pamprin, Midol), pain relief patch (Migraine Ice, Icy Hot, TheraPatch), rubs and ointments (BenGay, Heet, Icy Hot)

Smoking Cessation

Examples: Nicorette gum, Nicoderm Patches, Commit stop smoking lozenges

Supports and Braces

Examples: Ankle brace, arm and elbow brace, neck brace, surgical support hosiery, wrist and hand brace

Family Planning

Examples: Male infertility test kit, ovulation test kit, pregnancy test kit

OTC Drugs/Items Not Eligible

Cosmetics

Drugs or items used for cosmetic reasons
(Rogaine, retinal serum, Crest white strips)

Hair removal kits (electrolysis)

Items taken for general health reasons

Toiletries (shaving cream, etc.)

Toothpaste, floss, toothbrushes

OTC Drugs/Items Requiring Medical Necessity

Vitamins or supplements
Herbal supplements
Weight loss drugs

Documentation Requirements

In order to be reimbursed for OTC expenses, you will need to complete a Request for Reimbursement (claim) form and attach an itemized receipt for the items. If you are submitting a cash register receipt, the receipt must include:

- Name and address of provider (i.e., drug store or grocery store)
- Date of purchase
- Name of OTC drug
- If the name of the drug or medicine is **not shown** on the cash register receipt, you must submit a tear off portion of the box or package that includes the name of the drug and price along with the cash register receipt

Stockpiling Drugs not Reimbursable

Please be aware that although OTC drugs are now eligible for reimbursement, the IRS' intention is that you are being reimbursed for OTC drugs that you are taking because they are medically necessary. Items that are reimbursable are drugs or medicines you would purchase when you are ill (i.e., Motrin for headaches, cough medicine for colds, etc.). Purchasing large quantities of OTC drugs at the end of the Plan Year will not be reimbursable.

Questions? Call a Customer Service Representative at 866-370-3040